



Grains for Hope 50+ mile Bike Tour!

Please join Grains for Hope for a bicycle ride **Saturday, July 30, 2011** that will begin at **Sabetha High School** at **6:00 AM**. The cost will be **\$25** or **\$35** including a T-Shirt. Proceeds will go to support Grains for Hope emergency production, packaging, and distribution of nutritious meals to hungry people in need throughout the United States, Haiti, and Mozambique.

Lodging:

- **Settle Inn & Suites** (1615 North St W Hwy 36 Seneca. 785-336-3663)
- **Country Inn** (1423 S Old Hwy 75 Sabetha. 785-284-2300)
- **Mulberry Creek Campground** (551 270th St Morrill. 785-459-2533)
- **Koch Motel** (807 S Old Hwy 75 Sabetha. 785-284-2145)
- **Votruba** (418 W Commercial Fairview. 785-467-3600)
- **Sycamore Springs Campground** (3126 Bittersweet Rd Sabetha. 785-284-3088)
- **Camping, restroom, and shower facilities located on school grounds**

-For Route Information go to: <http://www.mapmyride.com/routes/copy/37054730/>



For more information call (785) 285-1261

***Ride Disclaimer:** Each rider is responsible for his or her own safety during this ride. This ride is not recommended for young children or individuals with serious health issues. Each cyclist must wear a helmet at all times while riding in this event.